



**GOLD 'n RICH Traditional
English Muffins/
Muffins à l'anglais style
traditionnel 6pk**

UPC# 0 64388 60010 8

Product Code:

Pack Size: 6 muffins / bag

Muffin Weight: 65g ± 5g

Product Dimensions (inches):

Height: 1.10 ± 0.2

Width: 3.5 ± 0.2

Slice: 0.6 ± .02

Topping: Cornmeal

Shelf Life: 8 days at room temperature

Frozen Shelf Life: 120 days, pull from freezer + 7 days



**Made in Canada with locally sourced
ingredients**

INGREDIENTS: Enriched Wheat Flour, Water, Yeast, Sugar, Wheat Gluten, Salt, Canola Oil, Vinegar, Calcium Propionate, Diacetyl Tartartic Acid Esters of Mono and Diglycerides, Citric Acid, Fumeric Acid, Malted Barley Flour, Sorbic Acid.

Topping: Corn Meal

CONTAINS: Wheat, Barley

MAY CONTAIN: Sesame Seeds, Soy, Milk Ingredients, Egg, Sulphites, Mustard

INGRÉDIENTS: Farine De Blé Enrichie, Eau, Levure, Sucre, Gluten de Blé, Sel, Huile de Canola, Vinaigre, Propionate de Calcium, Esters Diacétyles Tartriques de Mono Diglycérides, Acide Citrique, Acide Fumarique, Farine d'orge Maltée, Acide Sorbique.

Garniture: Semoule de Maïs

CONTIENT: Blé, Orge

PEUT CONTENIR: Graines de Sesame, Soja, Ingrédients Laitiers, Oeuf, Sulfites, Moutarde

Nutrition Facts	
Valeur nutritive	
Per muffin (65 g) pour muffin (65 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 130	
Fat / Lipides 1 g	2 %
Saturated / saturés 0.3 g + Trans / trans 0 g	2 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 200 mg	8 %
Carbohydrate / Glucides 24 g	8 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 1 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	10 %
Iron / Fer	10 %