



14 Field Bread / Pain 14 Grains

UPC# 0 64388 00204 9

Product Code: 1454030

Pack Size: 540g

Product Dimensions (inches):

Height: 4.50 ± 0.50

Width: 3.75 ± 0.25

Length: 8.00 ± 0.25

Slice Count: 15+2

Topping: Mixed grains

Shelf Life: 8 days at room temperature



Made in Canada with locally sourced ingredients

INGREDIENTS: Whole Wheat Flour, Filtered Water, Sunflower Seed Kernels, Barley Flakes, Corn Grits, Rolled Oats, Sesame Seeds, Triticale Flakes, Rye Meal, Brown Rice Flour, Hulled Millet, Vital Wheat Gluten, Yeast*, Sea Salt, Oat Hull Fiber, Whole Sorghum Flour, Buckwheat Flour, Toasted Amaranth Flour, Whole Spelt Flour, Cultured Wheat Starch, Citric Acid, Vinegar, Sunflower Lecithin. *Order May Vary

CONTAINS: Wheat, Sesame seeds

MAY CONTAIN: Milk Ingredients, Egg, Soy, Sulphites

INGRÉDIENTS: Farine De Blé Entier, Eau Filtrée, Noyaux De Graines De Tournesol, Flocons D'orge, Gruau De Maïs, Avole Laminée, Graines De Sésame, Flocons Triticale, Repas De Seigle, Farine De Riz Brun, Millet Décortiqué, Gluten De Blé Vital, Levure*, Sel De Mer, Fibre De Coque D'avoine, Farine De Sorgho Entière, Farine De Sarrasin, Farine D'amarante Grillée, Farine D'épeautre Entière, Amidon De Blé Fermenté, Acide Citrique, Vinaigre, Lécithine De Tournesol. * L'ordre Peut Varier

CONTIENT: Blé, Graines De Sésame

PEUT CONTENIR: Lait, Oeuf, Soya, Sulfites

Nutrition Facts Valeur nutritive

Per 1 slice (35 g)
par 1 tranche (35 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 70	
Fat / Lipides 1 g	2 %
Saturated / saturés 0.2 g + Trans / trans 0 g	1 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 140 mg	6 %
Carbohydrate / Glucides 12 g	4 %
Fibre / Fibres 2 g	8 %
Sugars / Sucres 0 g	
Protein / Protéines 3 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	10 %
Calcium / Calcium	4 %
Iron / Fer	6 %